

School Wellness Assessment

Date: 03/19/2024

School: Community Academies New Orleans

Assessors' name(s): Erin Marrero-Savoie

Nutrition Education	Fully in Place	Partly in Place	Not in Place	Completion Date if Applicable
Age-appropriate instruction is provided to students that teaches lifelong healthy eating habits and healthy level of physical activity.	2			03/19/2024
Nutrition education is part of a systematic and structured unit of instruction.	2			03/19/2024
Teachers have adequate materials and resources to provide current nutrition education in the classroom.	2			03/19/2024
Nutrition education opportunities are offered to parents and families.	2			03/19/2024
Parents have the opportunity to volunteer for wellness-related activities in the school.		1		03/19/2024
Other:				
Nutrition Promotion	Fully in Place	Partly in Place	Not in Place	Completion Date if Applicable
Students have access to healthful food choices in the school cafeteria.	2			03/19/2024
Healthy eating and the school meal program are actively promoted to students, parents, school staff, and the community at school registrations, parent-teacher meetings, open houses, in-services, etc.	2			03/19/2024
Advertisements within the school reinforce the goals of healthy education and nutrition standards.	2			03/19/2024
Students have adequate time to eat lunch every day.	2			03/19/2024
Nutrition information is accessible to students and their parents/guardians concerning the nutritional content of foods and beverages sold through the school meal programs.	2			03/19/2024
100% of fundraisers sold during the school day are non-food items.	2			03/19/2024
Fundraisers sold outside of the school day are primarily non-food items or healthy food items.	2			03/19/2024
Food is not used as a reward or punishment.	2			03/19/2024
The cafeteria atmosphere is clean and inviting and offers a pleasant eating environment (artwork, plants, natural light, health education information, reduced noise).	2			03/19/2024
Soda is prohibited from the cafeteria in elementary and middle schools.	2			03/19/2024
Staff encourages students to take and eat fruits and vegetables in the lunchroom. However, students are not forced to eat or finish their plate.	2			03/19/2024
Other:	2			
Physical Activity	Fully in Place	Partly in Place	Not in Place	Completion Date if Applicable
Health-promotion activities are available that encourage physical activity, such as speakers, recreational demonstrations, and walking clubs.	2			03/19/2024
Physical-activity is promoted in after-school programs, such as intramurals, interscholastic athletics, and physical activity clubs.	2			03/19/2024
Physical activity opportunities (i.e. recess) are not withheld as a punishment.	2			03/19/2024
According to school schedule, students receive a minimum amount of physical activity minutes (includes, but is not limited to, exercise programs, fitness breaks, recess, field trips that include physical activity, classroom activities that include physical activity, and PE classes). (Average score if more than one schedule applies)	2			03/19/2024
Physical activity is never required as a form of punishment.	2			03/19/2024
Full-day students are provided with unstructured daily opportunities for physical activity, such as recess.	2			03/19/2024
Students receive adequate recess time every day.	2			03/19/2024
Students are encouraged to be active during recess.	2			03/19/2024

Teachers incorporate physical activity into other subject areas (i.e. reading, math, science, social studies).	2			03/19/2024
Physical activity opportunities are provided and encouraged for students with all levels of physical fitness.	2			03/19/2024
Other:				
Foods and Beverages Available	Fully in Place	Partly in Place	Not in Place	Completion Date if Applicable
Soda is prohibited from the cafeteria in elementary and middle schools.	2			03/19/2024
Access to vending machines, school stores, and other venues that contain foods of minimal nutritional value are restricted to students during the official school day	2			03/19/2024
All food sold in schools comply with the Louisiana Guide to Smart Snacks	2			03/19/2024
Other: No snacks are sold on school grounds	2			
Other School-Based Activities	Fully in Place	Partly in Place	Not in Place	Completion Date if Applicable
Ensure access to safe drinking water throughout the day at no cost to children	2			03/19/2024
Exposure to origins of fruits and vegetables in the school's local area	2			03/19/2024
Children have motivation to eat fruits and vegetables that they helped to grow	2			03/19/2024
Promote various recognition programs for schools that offer a healthier school environment.	2			03/19/2024
Other:				

Total Score: 69/70 = 98.5%